



"People helping
people help
themselves."

Division of
Mental Health
and Addictions

Logansport State Hospital

The Spectrum

LSH Employee Excellence

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2007



Terry Tharp

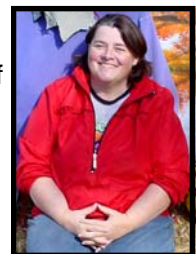
Terry Tharp and Jacque Phillips have shown true commitment to improving LSH organizational performance. Employees have been contacting the Staff Development Director praising the Therapeutic Communication training that Terry and Jacque have been providing. Employees are voicing the usefulness of the part one training and hoping for additional training like it.

When the Assistant Medical Director, Psychology Coordinator, Risk Manager, and Training Officer recognized in 2005 that a serial clinical training was needed to remind staff of the importance of continually being aware of our impact on others and vice versa, they offered to develop the course Therapeutic Communication. As care givers we must decipher what is useful, helpful, and therapeutic vs. what is stressful or agitating. As we increasingly want to improve ourselves, we must become more therapeutic and develop the coercion free recovery oriented culture with reduced need for restraint use. With all of this in mind, Terry Tharp researched and wrote most of the script following the team's plan while the team revised the script often....trim lining ...and squeaking. The training was piloted with new employees during hospital wide orientation for six months beginning in late 2005.

Terry and Jacque then went into action. They were enthusiastic about their cause and also about their role as leaders. They demonstrated a culture of openness and inquisitiveness that stimulated innovation and learning. Both "bet on knowledge" even when the cost-benefits cannot easily be measured. Trainees responded openly. Top management supported these enthusiastic trainers. Terry and Jacque understand that the need for effective communication is paramount/foremost. They certainly informed, involved, impressed, and inspired employees of the need to improve their therapeutic communication.

Terry and Jacque have presented the one-and-one-half hour training to at least five hundred staff. Great job!

Thanks Terry and Jacque!!



Jacque Phillips



SPYKE THE PSYCHE



Impact of Mental Illness on Society

- The burden of mental illness on health and productivity in the United States has long been underestimated. Data reveals that mental illness, including suicide, accounts for over 15 percent of the burden of disease, more than the disease burden caused by all cancers, in established market economies such as the United States. (1)
- An estimated 26.2 percent of Americans ages 18 and older, about one in four adults, annually suffer from a diagnosable mental disorder. When applied to the 2004 U.S. Census residential population estimate for ages 18 and older, 26.2 percent translates to 57.7 million people. (2)
- Even though mental disorders are widespread, the main burden of illness is concentrated in a much smaller proportion – about 6 percent, or 1 in 17 – who suffer from a serious mental illness. Mental disorders are the leading cause of disability in the U.S. and Canada for ages 15 – 44. (3)

CAN THE SEVERELY MENTALLY ILL THRIVE WITHIN THE COMMUNITY?

- Indiana University-Purdue University, Indianapolis is part of a \$2.5 million grant from the National Institute of Mental Health evaluating the effectiveness of Assertive Community Treatment (ACT). (4) ACT is a popular care management model which provides individualized psychiatric, social work, vocational, and other services from a dedicated team to help severely mentally ill individuals live at home.



SPECTRUM

Logansport State Hospital
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The Spectrum is published and distributed on the second payday of each month for employees, retirees, and friends of Logansport State Hospital.

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- “ACT programs across the country have a track record of success in reducing far costlier hospitalizations and other adverse consequences associated with lack of treatment,” said Michelle Salyers, Ph.D., principal investigator of the new grant and co-director of the state-funded Indiana ACT Center. The center has helped develop 31 certified ACT teams based at the community mental health facilities across the state. Dr. Salyers has been a speaker at Logansport State Hospital.

- “We are studying ACT programs throughout the state to see what the ACT teams are doing, and how they impact the severely mentally ill and their families, where they can contribute to society rather than only need its services,” Michelle Salyers stated.

- “Helping individuals with severe mental illness focus on personal recovery goals, learning the skills and knowledge they need to achieve these goals, is the ultimate objective of our work. We are now learning from people with severe mental illness and their families how successful we are in helping them achieve their goals,” said Dr. Salyers.

References:

- (1)The Global Burden of Disease study, conducted by World Health Organization, The World Bank, and Harvard University.

- (2) U.S. Census Bureau Release, June 9, 2005.

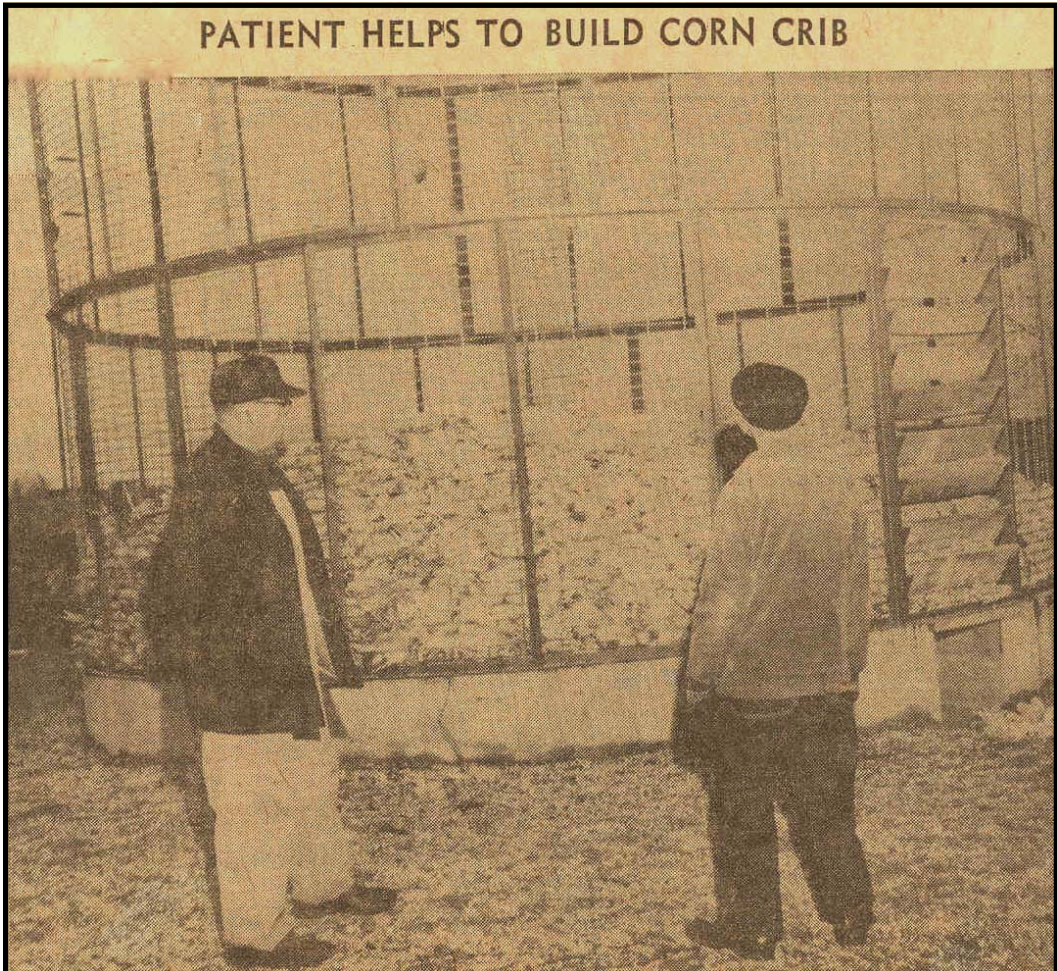
- (3) Kessler, Demier, Walters. Prevalence, severity, and comorbidity of twelve-month DSM-IV disorders in the National Comorbidity Survey Replication, Archives of General Psychiatry, June 2005;62(6):617-27.

- (4) IUPUI, education

Art-'n-facts

Longcliff Museum Art-'n-facts

50 Years Ago (1957)



Orel Small, (left), Tipton township farmer, and a Longcliff patient on convalescent leave under the Family Care program, look over the corn crib which the patient helped Small build on his farm west of Walton.

Longcliff Show Opens Nov. 8 (2,500 Mums To Be On Display)



Miss Alice Jackson, assistant pharmacist at the Longcliff state hospital, above, gets a preview of the Longcliff flower show which opened at 2 p.m. Friday in the hospital chapel. Chrysanthemums are the center of attraction in the show, which continues through Sunday. Pharos-Tribune (11-8-1957)

The annual flower show, occupational therapy and art exhibit at the Logansport State Hospital will be held Friday, Saturday and Sunday, Nov. 8, 9, and 10, from 2 to 8 p.m., it was announced Wednesday by Dr. John Southworth, superintendent.

The show each year attracts thousands of visitors from all parts of the state to the Longcliff Chapel.

The principal attraction for the flower show, as in former years, will be 2,500 chrysanthemums grown in the state hospital greenhouse. Along with these chrysanthemums of all colors, all kinds of plants and vines will be on display according to Dan Chanley, florist.

The occupational therapy department will have on display and for sale a wide variety of articles made by the state hospital pa-

tients, including etched aluminum pieces, copper etching, etched glassware, Afghans, painted and embroidered dresser scarves, pillow cases, painted wooden plates and bowls, Swedish woven towels, tea aprons, looper mats and pot holders, crocheted, hooked and woven rugs, bookends, leather work, and ceramics.

The art department will have on display a variety of paintings and other art work done by the patients. Those also will be for sale.

The proceeds of the annual sale go into the hospital amusement fund to finance various forms of entertainment for the patients.

The orchestra composed of Longcliff patients will provide music during the annual show, as it has in former years. Pharos Tribune (10-30-1957)

STOP, DROP, AND ROLL

On October 25th and 26th, the Fire Department at LSH sponsored their last Fire Safety Awareness (Stop, Drop, and Roll) for the patients.

The patients were instructed on fire safety tips, checked out the fire suits and equipment, and each patient got their picture taken in full fire suit gear. The patients were then treated to cookies, brownies and punch and received a fire safety newsletter and fire safety lollipop.

There were a total of 104 patients that attended. A big thank you for all who participated!



Pictured, are Firemen Alvin Fry III and Joe Martin with family members, Alvin Fry IV, Crystal Fry, and Holley Martin. The Firemen had their families put on Turn Out Gear, while demonstrating the Thermo Imager during Logansport State Hospital's Fire Safety Awareness Days.

FRESH FEATURE

Hamstring Deskercises

Stretch the “Hams”

When you sit throughout the day, those leg muscles can become tight if you don't stretch them periodically. This exercise will get you out of your chair and help increase the flexibility in your hamstrings. Do twice a day if possible.

From a standing position, extend one leg out in front of your other leg about 10 inches, lifting your toes and digging your heel into the ground. Bend the back leg slightly, and put both hands on the thigh of your back leg to support your weight. You should feel the stretch in the back of your front leg. Hold for 10 to 15 seconds. Repeat on the other side.

Hamstring Curls

When you sit a lot during the day, it's a good idea to take a break every couple of hours to do this exercise. It will strengthen the hamstrings (backs of legs above knees) – follow with a hamstring stretch for optimal results.

Stand and hold on to something stable for support, such as a file cabinet or bookshelf. Slowly lift one heel toward your buttocks, then lower. The knee of the supporting leg should be slight bent during the exercise, not locked. Repeat 12 to 15 times on each side. At home try using ankle weights for added resistance.

Balancing Act

This is the best stretch for the quadriceps muscles-the large group of muscles in the fronts of your legs above the knees. You may find it difficult to do at first, but it will get easier if you do it daily and your flexibility increases.

Stand at the side of a chair with your left hand holding the chair for balance. Grab your right foot with your right hand (or grab your pant leg if you cannot reach your foot). Using your hand, pull your foot toward your buttocks and hold for 10 to 15 seconds. Your knee should be pointing downward, not out to the side. Repeat two to three times with each leg. To work on improving your balance, try removing your hand from the chair, little by little, as you hold the stretch.

Hamstring Hug

This is a good stretch for your lower body that you can do while sitting. Not only does it stretch your hamstrings-the group of muscles in the backs of your legs and above the knees, but you will also feel it working your quadriceps in the fronts of your legs.

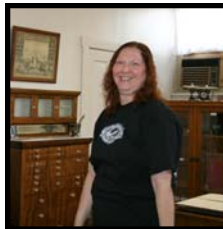
Sit back and place your hands under your right thigh. Pull knee toward chest then extend the leg straight in front of you as far as you can. Repeat with your other leg. Do three to five times with each leg.



MUSEUM OPEN HOUSE

On September 29, seventy-three visitors enjoyed Doodlebug rides, popcorn, and tours, both of the museum and hospital grounds, during the Logansport State Hospital's Museum annual open house.





Fall Family Mixer

On October 13, 2007, ninety-two family members, friends and thirty-two patients gathered in the Fogel Auditorium for an afternoon of socializing, food, and entertainment. Loretta Lynn (Charlene Hutchins) wooed the crowd with her music, and the dietary department provided a delicious meal of roast beef, mashed potatoes, green beans, corn, rolls, and homemade apple pie!



Darrin Monroe was available to take pictures of the patients and their family members. A big thank you to all the departments who helped make this event special for our patients and visitors.

Sounds of Loretta Lynn
By
Charlene



Loretta Lynn Impersonator Charlene Hutchins and husband George Hutchins.

Halloween Dance

October 31 was an evening filled with music, thriller videos, dancing, and treats for over 110 patients who attended the Halloween dance. Some came sporting the masks they had made during an activity the prior week, many had their hair painted in different colors (compliments of the beautician) and others decorated their faces or wore their own special costume. A good time was had by all.

A special thanks to our servers, Janet Kite and daughter, Misty Moss, Tressa Bowman for her decorations and help with tattoos, Bob Wandrei and Terry Tharp for the music and videos, Darrin Monroe for assistance in setting up, Cathy Hickey for her creative decorating of the piano, Jackie Phillips for the pictures, Rick Ricks, Brian Newell, Gloria Stines, dietary for the special treats, nursing and rehab for escorting patients, and the central rehab staff for decorating and setting up.



All dressed up in the Allied Health Department are L- R: Karen Riggle, Therese Cunningham, and Sarah Rutschmann with Blue.



Hillside Bank employee's Marcy Crissinger (L) and Irene Julian have fun in dressing up on Halloween.



Longcliff Notes: What You Didn't Know about the Jayne English Card Shop

The Jayne English Card Shop, located in the basement of the Fogel Building, resembles Santa's Workshop in many ways. A sign there reads, "When you believe in yourself, anything is possible." When you visit you will know it is true.

Fort Wayne Developmental Center had a card shop and Linda Wells wanted to start one here but we didn't get it going. In 2002 Paul Wright revisited the idea, asking Tamela Samuels to research the program due to her experience teaching art. Tamela and Melissa Stewart visited Fort Wayne, taking "lots of notes", learning about rubber stamps. Eventually a company representative visited us, to help us set up our program. We started out in the "Old Dietary Building."

Fort Wayne's program only used 2 or 3 people at a time. We set up a bigger expanded workshop to accommodate up to 25 working at one time. We were able to obtain Fort Wayne's equipment, a big help. We are now making our own envelopes as well, creating another job and another source of pride for our clients.

Four groups of our clients work an hour a day with another group working 45 minutes. Extra hours are available for smaller select groups on Monday evenings and occasionally throughout the week.

The clients benefit by receiving their checks and cashing them at the Hillside Bank. This assists them in creating a budget and managing their money. As a result they are able to make purchases at the canteen as well as shopping off grounds using their personal funds. Giving them sense of pride and self esteem are additional benefits derived from this part of the program, aiding in their independence for community living.

Prior to this program, a simulated workshop provided the vocational program needs for our clients for several years. This program was instrumental in establishing guidelines for appropriate on-task skills including hand/eye coordination, motor skills, and social interaction with their peers and staff.

The amount of cards produced weekly varies due to many factors, client behaviors, difficulty of the cards and specialized cards just to name a few. These cards are designed by the Jayne English Rehab staff, Jeanette Holle, Kristy Haucke, Gregory Addison, Serena James, Dave Pierce and Greg Knowles.

The majority of our supplies and equipment are provided through a fund by Logansport State Hospital. All revenue generated through card sales goes back into the Recreation Fund where it is used to benefit all clients at LSH.

Clients work 5 days a week, an hour a day maximum. There are 4 groups of workers who cover 3 time periods or shifts. All 50 Jayne English clients are employed. Did you know that all the trash bags used at our hospital are also made in the Jayne English Workshop? That will be another article, another feature story. There is an additional workshop on the unit with special jobs for those who cannot go to the card shop.

All are employed. Some do refuse to work but all who work do get paid minimum wage. Wages are paid through a grant. All receipts from sales go back into the Rehabilitation Fund which purchases equipment and supplies for the program.

How do our clients benefit? They learn about earning money to spend and budget. Tamela's favorite story occurred when an angry client picked up a chair to throw on the unit and another client spoke out, "Don't throw that chair....My taxes paid for that!"



The cards are designed in the workshop. "It's a process. We play around with different ideas and choose one when all agree on a design....We also take special orders," says Jeanette. One person ordered their wedding invitations and we have even done graduation open house invitations.

"We can even make cards using your own colors," said Jerry Frame, explaining a popular option for wedding planning. "It's a world ahead of the simulated workshop," he added. "And all of this is done on very limited funds."

"We greatly appreciate support from staff for purchasing cards and donating materials," says Tamela. We receive usable ribbons and buttons and even cash donations. "The clients get really excited when they hear we've sold 1,190 cards." One year we sold 1,400 Christmas cards."

The hospital gets calls from far and wide—people asking if they can sell "Longcliff Notes". Due to ethics, Longcliff Notes cannot compete in the local business sector. We also abide the "Angel Policy" of the "Stampin' Up" company, restricting us from selling their trademark rubber stamp products in stores.

Five new designs are in the works for this year's Christmas and Holiday Season. Cards are \$1 each or 10 for \$5, **available** at **Hillside Café**. Longcliff Notes will also be sold **at the November 8th Craft Fair in Fogel Auditorium**; and in the **Administration Building** outside the Personnel Office on **December 5th**. Cards are available anytime by contacting Jeanette Holle @ 3676 or any Jayne English Rehab Staff.

In the words of Kahlil Gibran, "Work is love made visible." We sincerely thank you for your support of our work, our labor of love at the Jayne English Card Shop.



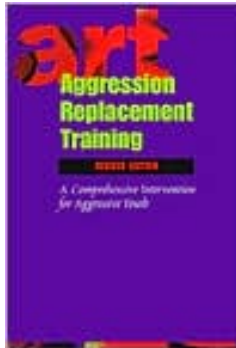
Some of the Jayne English Longcliff Notes staff are from L- R: Gregory Addison, Kristy Haucke, Jeanette Holle, and Dave Pierce. Not pictured: Greg Knowles and Serena James.



Happy Retirement
Carole Miller.
You will be missed!



The Book Nook



Goldstein, Arnold P. Aggression Replacement Training: A Comprehensive Intervention for Aggressive Youth. Champaign, IL: Research Press, 1998.

Goldstein addresses multiple causes of anger focusing on social skills, anger control training, and moral reasoning training. A series of fifty lesson plans are designed to teach social skills, dealing with feelings, alternatives to anger, dealing with stress, and planning skills. Coaching techniques: prompting, encouraging, reassuring, and rewarded are also covered as motivation is often a problem for trainees.

The Staff Library is located in the Lynch Building, room 248 accessible by 1A1 key but it is best if you call ext. 3712 or e-mail bnewell@fssa.state.in.us with your request. We order new books each month.

Light Up Logansport Parade 2007

Make **Logansport, IN** a destination to get you in the Christmas spirit on the Friday night after Thanksgiving, Nov. 23rd at 7 PM. You will see the inspirational Light Up Logansport Parade. These unique light up masterpieces are sponsored and built by local businesses. Many of them are built with the help of local school students. These terrific floats will also be displayed through Jan. 1 at the Little Turtle Waterway Plaza. This event attracts thousands of people, so be a part of the fun! Also, to help others in our community, please bring canned goods to the parade and place in barrels around the city.

Have a sit, a sip, a bite, and a pic.

Morale Boosters are sponsoring cocoa and pictures with the Clausess. Come, pick-up your check or pay stub at the Administrative building on December 19 for a candy cane, Christmas music, some cocoa and a picture if you like, with Mr. and Mrs. Claus. Pictures will be taken from 7 AM - 4 PM.



The Clausess are looking; are you on the list as "Naughty or Nice."



We need help with Christmas!

**Here are some things that we always
need:**

Games, Cosmetics, CDs/Tapes, Walkman Cassette/Radio, Phone Cards, Word Search Books, Hygiene Items, Puzzles, Art/Craft Supplies, Hand Held Electronic Games, Wallets/Purses, Calendars, Stationery/Pens, Stamps, Earrings (pierced and clip), Word Searches, Board Games, Quilting Supplies, Candy/Gum (Sugar Free and Regular), Snap Together Model Kits, Clothing Items: Sweat Pants, Sweat Shirts, Blouses, Long-Sleeve Shirts, etc., sizes needed (L—4XL) and CHRISTMAS CARDS (Please no pictures of animals or children).

Culinary Corner

Frozen Pumpkin Dessert

1 can (15 ounces) solid-pack pumpkin
3/4 cup sugar
1 teaspoon vanilla
1/2 teaspoon salt
1/4 teaspoon ground ginger
1/4 teaspoon ground nutmeg
1/8 to 1/4 teaspoon ground cloves
or a pumpkin pie spice
2 quarts vanilla ice cream, softened
1 cup finely chopped walnuts

In a large mixing bowl, combine the first seven ingredients. Fold in ice cream. Transfer to a greased 13-in. X 9-in. X 2-in. dish. Sprinkle with walnuts. Cover and freeze overnight. Remove from the freezer 10 minutes before serving. Cut into squares. Yield: 16-20 servings

Taste of Home's Holiday & Celebrations Cookbook 2002

Hot 'n' Spicy Cranberry Dip

3/4 cup jellied cranberry sauce
1 to 2 tablespoons prepared horseradish
1 tablespoon honey
1-1/2 teaspoon lemon juice
1-1/2 teaspoon Worcestershire sauce
1/8 to 1/4 teaspoon cayenne pepper
1 garlic clove, minced
Miniature hot dogs or smoked sausage
links, warmed Sliced apples or pears

In small saucepan, combine the first seven ingredients; bring to a boil, stirring constantly. Reduce heat. Cover and simmer for 5 minutes, stirring occasionally. Serve warm with sausage and/or fruit. Yield: 3/4 cup.

Taste of Home's Holiday & Celebration Cookbook 2002

Bread Pudding Pumpkin

2 medium pie pumpkins (about 3 pounds each)
4 eggs, lightly beaten
1 can (14 oz.) sweetened condensed milk
½ cup packed brown sugar
1 teaspoon salt
1 teaspoon ground cinnamon
1 teaspoon vanilla
¾ teaspoon ground nutmeg
6 cups cubed crustless day-old bread
1 can (8oz.) crushed pineapple, drained
1 cup chopped walnuts
1 cup raisins

Wash pumpkins; cut off tops and discard. Scoop out seeds and loose fibers (save seeds for another use if desired). In a large bowl, whisk the eggs, milk, brown sugar, salt, cinnamon, vanilla and nutmeg. Stir in bread cubes, pineapple, walnuts and raisins. Spoon into pumpkin shells.

Place on a greased 15-in.x10-in.x1-in. baking pan. Loosely cover tops with foil. Bake at 350 for 1-1/4 hours. Uncover; bake 15-30 minutes longer or until pumpkin is soft and a knife inserted near the center of bread pudding comes out clean. To serve, scoop bread pudding and cooked pumpkin into dessert dishes. Yield: 6-8 servings

Taste of Home's Holiday & Celebrations Cookbook 2002

More Than Corn

- Tomato juice was first served at a French Lick, Indiana hotel in 1925.
- The first tomato juice factory was also in French Lick, Indiana.
- The world's largest orchid species collection is found at Ball State University in Muncie, Indiana.
- The first regulated speed limit (20 - 25 mph!) was initiated on Indiana roads in 1921.
- An average of 400 funnel clouds are sighted each year in Indiana.
- The city of Gary, Indiana, was built on fill brought from the bottom of Lake Michigan through suction pipes.

- There are only two Adams' fireplaces in the United States.
- One is in the White House and the other in the Diner Home in Indiana.
- Josie Orr, wife of former Indiana Governor Robert Orr, flew bombers and cargo planes during World War II.
- The Indianapolis Methodist Hospital (& Riley Hospital for Children) is the largest Hospital in the Midwest.
- One of the first complete bathrooms in Indianapolis was in the home of Hoosier poet, James Whitcomb Riley.
- The career of Dorothy Lamour (famous for the Bing Crosby-Bob Hope Road Movies) was launched in Indianapolis.
- Aviatrix Amelia Earhart was once a Professor at Purdue University.
- Crown Hill Cemetery (Indianapolis) is the largest cemetery in the U.S.
- The library in Fort Wayne, Allen County, Indiana houses one of the largest genealogy libraries in America.
- Wabash, Indiana was the first electrified city in the U.S.
- Pendleton, Indiana was the site of the first hanging of a white man for killing Indians.
- The Courthouse roof in Greensburg, Indiana has a tree growing from it.
- The world's first transistor radio was made in Indianapolis.
- Clark Gable and wife Carole Lombard (born in Fort Wayne, IN) honeymooned at Lake Barbee near Warsaw, Indiana.
- The American Beauty Rose was developed at Richmond, Indiana.
- Elkhart, Indiana is the band instrument capitol of the World.
- Frank Sinatra first sang with the Tommy Dorsey band at the Lyric Theater in Indianapolis.
- Purdue Alumnus, Earl Butz, served as the Secretary of Agriculture.
- U.S. 231 is the longest highway in Indiana (231miles).
- Johnny Appleseed is buried at Fort Wayne, Indiana.
- The singing McGuire Sisters spent their childhood summers at the Church of God Campground in Anderson, Indiana.

- The main station of the Underground Railroad was in Fountain County, Indiana.
- There are 154 acres of sculpture gardens and trails at the Indianapolis Museum of Art.
- La Porte County is the only county in America having 2 functioning courthouses. (I think we can add Vanderburgh and Elkhart Counties in with that also.)
- Nancy Hanks Lincoln is buried in Posey County, Indiana.
- Crawfordsville, Indiana (Montgomery County) is the only site in the world where crinoids are found. (What is a crinoid, you ask? A form of deep-water marine life that looks something like a starfish.)
- Pendleton, Indiana was the site of the 'Fall Creek Massacre'. A museum housing 3500 artifacts of pioneer heritage now exists on that site.
- St. Meinrad Archabbey is located in Spencer County and is one of only 2 archabbeyes in the U.S. and seven in the world. (Abbey Press is an operation of the archabbey.)
- A Buzz Bomb (German - WWII), believed to be the only one on public display in the nation, can be found on the Putnam County Courthouse lawn in Greencastle.
- Roberta Turpin Willett was born in Indiana.
- Red Skelton was born in Vincennes, Indiana.
- May West and Claude Akins were from Bedford, Indiana.
- The inventor of the television, Philo T Farnsworth, lived in Fort Wayne, Indiana.
- Forrest Tucker was from Pendleton, Indiana.
- You can't ship wine to Indiana. (So how does it get here?)
- Bob Greise is from Evansville, Indiana and was quarterback at Purdue University in West Lafayette, IN
- Toni Tenille (of The Captain and Tenille) is from Indiana.
- Oprah Winfrey built her residence in N/W Indiana. Which she has now sold & built one in CA.
- Florence Henderson is from Indiana.
- John Mellancamp is a Hoosier and resides in Bloomington.

- The much sought-after Hoosier Cabinets are an Indiana product.
- 90% of the world's popcorn is grown in Indiana.
- The Jackson Five are from Gary, Indiana.
- The birthplace of the automobile, the pneumatic rubber tire, the aluminum casting process, stainless steel and the first push-button car radio was in Kokomo, Indiana.

Pretty neat, huh? And you thought there was only corn in Indiana.



UPCOMING EVENTS

- | | |
|--|---|
| 📌 November 21 - Catholic Mass | 📌 December 4 - Tippy Co MHA for SWW Patients off grounds |
| 📌 November 26 - Purdue Bingo Dodds 1 West | 📌 December 6 - Fulton Co Ext. Homemakers Party for SWW & CLW Patients |
| 📌 November 28 - Purdue Bingo Dodds 1 West | 📌 December 6 - Brass Quintet will perform for IRTC |
| 📌 November 28 - Purdue Bingo Dodds 2 West | 📌 December 7 - Sid Sitter in the Library and every Friday in December |
| 📌 November 30 - Purdue Bingo Dodds 2 West | 📌 December 10 - Cass Co MHA Party on IRTC 2 |
| 📌 December 1 - Anoka Church Party off Grounds for Dodds 2E Larson 1 E & CL Williams | 📌 December 11 - VFW Party for Dodds 1 East |
| 📌 December 1 - Gary Party for Lake Co Patients off grounds | 📌 December 12 - Clinton Co Gold Ladies Party for Larson 1 South |
| 📌 December 2 - Helm St Church Party for Larson 1 East | 📌 December 13 - Creative Writing and on every Friday in December |
| 📌 December 2 - Flora Church of Living Faith Party for Jayne English Patients in the auditorium | 📌 December 16 - Trinity Lutheran Church Party for IRTC 1 East & West |
| 📌 December 3 - Cass Co MHA Party @ KOC for all patients | 📌 December 18 - Oaklawn Psy Center for Elkhart Patients off grounds |
| 📌 December 4 - Parkview Mennonite Church for all Howard Co Patients off grounds | 📌 December 19 - Catholic Mass |
| | 📌 December 19 - Christmas Program |

Who Am I?

Can you guess who this is?

If you can, call Darrin Monroe at # 3803 or e-mail: darrin.monroe@fssa.in.gov by December 14. All correct answers will be entered in a drawing sponsored by the Morale Boosters to win a free "Jumbo" soft drink at the Hillside Café.

Winners will be announced in the next Spectrum.

Need a hint?

He is a clean act to follow.

Find out who this is in our next issue.

Last Issue:



Dr. Donald Rutschmann



The correct guess and winner of a free Jumbo size drink is: Marjorie Potts.

If you have an early picture of an employee and would love to have a little fun with it, call Darrin Monroe at # 3803.